

EDUCATION

University of Northern Iowa, Cedar Falls, Iowa **Graduation: May 2017**
Bachelor of Arts: Health Promotion and Education
Double Emphases: Global Health Disparities & Women's Health
Cumulative/Transfer GPA: 3.77/4.00

Scott Community College, Bettendorf, Iowa **Graduation: May 2015**
Associate of Arts: Political Science
Cumulative GPA: 3.76/4.00

Certifications

- Mandatory Reporter of Abuse
- OSHA Blood Borne Pathogens

RELATED EXPERIENCE

Northeast Iowa Food Bank, Waterloo, Iowa **October 2017 – November 2018**
Volunteer Services Manager

- Managed two paid staff & over 15,000 volunteers
- Cultivated & maintained relationships with community partners, fostering a culture of civic engagement
- Spearheaded Points of Light Service Enterprise initiative, increasing overall volunteerism & return on volunteer investment
- Planned & implemented internship & job training programs
- Strategized with senior leadership to strengthen workplace culture & optimize hiring processes

Individual Volunteer Coordinator **June 2017 – October 2017**

- Trained & supervised individual and group volunteers
- Managed the scheduling for all individual volunteers and special events
- Oversaw volunteer management software & volunteer data tracking
- Actively recruited volunteers for daily operations, special events, and group opportunities
- Collaborated with Operations, Programs, Development and Administrative teams to meet department needs

Mother and Child Health Coalition, Kansas City, Missouri **January 2017 – April 2017**
Health Promotion Intern

- Provided assistance to Executive Director and Communications Coordinator
- Updated and maintained list of maternal and child health related resources
- Engaged in coalition meetings and trainings

Iowa Department of Public Health, Des Moines, Iowa **May 2016 – September 2016**
Occupational Health and Safety Surveillance Program Intern

- Planned and organized IDPH Health and Safety Tent at National Farm Progress Show
- Provided administrative support to OHSSP Manager
- Participated in division and department meetings as necessary

ADDITIONAL EXPERIENCE

UNI Wellness & Recreation Services , Cedar Falls, Iowa <i>Lifeguard & Swim Instructor</i>	December 2015 – December 2016
Dr. Chris & Brooke Holahan , Cedar Falls, Iowa <i>Nanny/Babysitter</i>	August 2015 – December 2016
City of Des Moines – Birdland Pool , Des Moines, Iowa <i>Lifeguard & Swim Instructor</i>	May 2016 – August 2016
DeWitt Aquatic Center & DeWitt Fitness Center , DeWitt, Iowa <i>Lifeguard & Swim Instructor</i>	June 2010 – August 2015

LEADERSHIP EXPERIENCE AND ACTIVITIES

Des Moines Nonprofit Institute , Des Moines, Iowa <i>Participant</i>	October 2018
The World Food Prize Iowa Hunger Summit , Des Moines, Iowa <i>Participant</i>	October 2017 & October 2018
Minnesota Association for Volunteer Administration Conference , St. Paul, MN <i>Participant</i>	July 2017
Student Health Advisory Committee , Cedar Falls, Iowa <i>Member</i>	August 2015 – December 2016
Phi Theta Kappa Honor Society , Bettendorf, Iowa <i>Member, Student Government Representative</i>	December 2013 – June 2015
Scott Community College Environmental Club , Bettendorf, Iowa <i>Member, Education and Activism Committee</i>	August 2014 – May 2015
Scott Community College Honors Program , Bettendorf, Iowa <i>Distinguished Graduate</i> <i>Honors Student</i>	May 2015 January 2014 – May 2015

VOLUNTEER EXPERIENCE

UNI Center for Energy and Environmental Education , Cedar Falls, Iowa <i>Farm to School Volunteer</i>	August 2016 – December 2016
American Red Cross , Cedar Falls, Iowa <i>Pillowcase Project Volunteer</i>	August 2016 – December 2016
UnityPoint Health – Allen Hospital , Waterloo, Iowa <i>Biometric Screen Volunteer</i>	August 2015 – December 2016
Northeast Iowa Food Bank , Waterloo, Iowa <i>Nutrition Education & Garden Volunteer</i>	August 2015 – December 2016